



You are invited to the

TRANSFORMATIONAL LEADERSHIP CAMP 2020 – A journey of inner transformation to embody leadership for creating a eco-system culture.

Time: June 7-12, 2020

Place: Villa Sofia, Barösund, Inkoo, Finland

Facilitators: Harriet Fagerholm and Victoria Subirana

Are you called to be a creator of a new, co-creative culture, where we work based on the wellbeing of the whole system (eco-systemic) and evolutionary change in society?

Do you work with facilitating a shift of mindset for example in the field of education (kindergarten, classroom, school management or higher education), social, systemic change (eg. health sector as coach, therapist, psychologist), or in environmental activism reforming the ways of working?

The camp is also suitable for entrepreneurs and business leaders creating a conscious organizational culture based on compassion, authenticity and integrity.

This camp is right for you if you work with groups and are ready to put a reform into practice. You will learn the necessary skills of facilitating inner transformation working with self and group awareness – with ***Pedagogy for Transformation & Evolution***.

The week consists of group sessions, time in nature and conscious self-reflection. In between there is time for sauna and rejuvenation of your being under the magical, northern sun – shining almost through the whole night.

Content:

1. The character of the leader (self-awareness)

- how to work on core beliefs and the evolution of the mind – transform the self
- how to get mental maturity as a leader embodying being an example to others.

2. The leader in the group (group awareness)

- how to heal the family
- how to become aware of your real feelings and unconscious ego-reactions
- how to work with trauma and negative emotional patterns
- how to keep and release individual uniqueness, but cutting the ego (defence and denial mechanisms) to be able to merge with the highest calling and vision of the group/community

3. The leader in the society

- how to implement the understanding of the functioning of the mind in different life cycles to bring in a strong awareness of personal responsibility for creating the culture in the eco-system.

Our minds are programmed by the age of seven years from family, society and education. Whatever we learn sets up our mindsets, which consists of character, personality, behavior, habits, emotions and beliefs and it defines our future behavior. It is irrevocable, unless we make an effort to change it as conditioned adults. It is not easy, but with determination and right support it is possible.

Are you one of those who is willing to do the inner work to change your mind and through that being able to facilitate it to others? This is very important work, which will benefit many people in a pivotal time for humanity. Our mission is to bring this knowledge to a broader audience in societies and cultures. All it takes are dedicated individuals willing to be the change!

The Transformational Leadership Camp offers an accelerated portal to your individual development, when your own inner wisdom says YES to participate.

The accommodation is arranged in new and renovated premises in shared lodging (2 persons per room) and bathroom facilities. Accommodation starts on Sunday afternoon on June 7 after 3 pm.

Prices:

Payment for seminar EUR1495 + VAT 24% upon registration

Payment for accommodation and food EUR 500 (including VAT) at the location cash or by card

Travel costs are not included. Arrival on June 7. Program starts mon June 8 at 9 am and ends Friday June 12 at 4 pm.

Cancellation policy: 50 % of seminar fee upon doctor's certificate

Max 11 participants

Registration: harriet@intune.fi +358 40 5638980

by April 30, 2020 at the latest. Please contact Harriet for more information. A detailed program will be sent out to the participants.

Our promise to you

Villa Sofia promises a healthy and safe environment for self-regulated people, you will not be pampered, but you will have space to create your own healing with nature in a quite simple, but natural way. www.villasofia.space

Harriet and Victoria promise a safe space to explore your inner being and truth in relation to others. We support the consciousness in become aware of the underlying dynamics in human behavior and functioning of the mind. The responsibility for the process is fully on each of the participants. We will honor the free will of everyone and be of assistance in every way we are capable of when asked. This means a possibility to meet for private guidance according to agreement.

About Villa Sofia community building <https://www.villasofiabarosund.fi/>

Sari Komulainen and Pentti Järvinen have revived the life of an old school by renovating it into a place for bringing the new co-creative impulse into concrete actions. The island Elisaari closeby offers a direct experience of re-connecting to the wisdom and intelligence of nature. The people active in creating the new community model are arranging retreats and courses supporting the learning of a co-creative way of working, applying the values of freedom, a natural flow of giving and receiving and expansion of both individuals and the whole in unconditional love. There are ways for all to find how they can contribute to the whole eco-system. The outcome is a beautiful co-creation between nature, human beings and cosmos.

Feedback from participants from our one-day workshop on Transformational Leadership and Facilitation in June 11, 2019 at Villa Sofia.

"Big thanks to Harriet Fagerholm and Victoria Subirana for guiding and teaching this Inspiring whole day Transformational Leadership and Facilitation -workshop! As a therapist and a counsellor I got very useful practical tools to build up better group processes and also summarized psychological views to help my clients to evaluate their beliefs and personal core needs.

One of the key factors of the day for myself was to understand that it is so necessary to deal with my personal growth and goals in order to serve my family and my community - We are all related in so many different ways and it is only up to us what we want to create in world! What a nice combination of theory, practical training and having fun together!"

Tommi Aspelund Therapist

"The one day workshop with Harriet and Victoria was a beautiful guidance and teaching in the process of transformation and leadership. For me it opened very concretely to take small, very concrete steps, when I want to go from the being into the doing. Seeing the transformation taking place after having huge insights for my self - transforming these and from this start the transformational doing and then being at the core for my clients. Thank you, Harriet and Victoria for your lovely and very authentic presence in your doing."

Christiane Kessel-Konowalczyk, Awareness facilitator

"The workshop Transformational Leadership and Facilitation in Practice is a very compact package. The facilitators Harriet Fagerholm and Victoria Subirana make a great team and compliment each other perfectly. Harriet creates a safe and positive team atmosphere, facilitates and helps put into clear words the feelings, thoughts and deep objectives of the participants. Victoria then helps translate them into clear and very concrete objectives ready for practical implementation. Both energize and motivate the participants to purchase their personal and collective objectives and show techniques to concentrate intention, energy and action and materializing the objectives."

The concept is holistic and targets at transformation first on the personal individual level, then on family and close relationship level and finally on community, team and organisation level. This helped me connect the dots and integrate all what I had previously learnt about leadership, psychology, sociology and education science. I surely will be more effective when leading and implementing transformation in myself, in my close social circle and at work."

The learning experience was very experiential, practical and engaging. I was not a single second bored nor distracted. There was plenty of wisdom, authenticity, humanity, feeling and humor."

The team and the connection between us were great and we trusted each other fully from beginning till the end. Communication, respect, valuing and cooperating in the team were perfect and the best experience I ever had in a team. After the workshop you can continue learning, sharing and supporting with the team in a private Facebook or Whatsapp group."

Carmen Thomas, Futurist

About Harriet Fagerholm

Harriet has been described as an experienced educator and guide, who loves the joy of deep learning. She is a midwife for rebirth of the mysteries of feminine wisdom and power. Her passion and topics are transformational leadership, the new female leadership, inner transformation of the mind, emotional healing, liberation of creativity and creating a conscious culture. She has worked in long-term client relationships in one on one coaching with leaders, entrepreneurs and creatives, as well as in group coaching with educators and business owners.

The result of her deep exploration of inner transformation is InTune – a practical tool for developing self and group awareness skills **to create balance between**

the inner and the outer world, and above all in relationships. The core of the learning experience is **to live in tune with your inner truth being who you are** and with **your own purpose and calling** through sharing your creative gifts. Harriet is the Leader and Creator of Academy of Cultural Evolution, whose purpose is to facilitate the co-creation of a new healthy culture.

She is an educated Co-Creative Process Inquiry© Practitioner as well as an authorized coach in Empowerment and Emotional Dynamics. She is an associate of Barrett Values Centre (www.valuescentre.com) Cultural Transformation Tool. Before starting her own company she worked as a pedagogical innovator and Senior Lecturer in Haaga-Helia University of Applied Sciences for 13 years, where She co-created an international BBA Program based on student-centered, collaborative learning methods. She is also trained being a doula for women giving birth, leading dream group work and symbol drama therapy. She has studied feminine wisdom with Chameli Ardagh in Awakening Women Institute and co-creation and conscious evolution with Barbara Marx Hubbard.

She lives in Helsinki and is the mother of two adult children.

About Victoria Subirana.

Victoria is a Spanish teacher who started her remarkable pedagogical career by working for 10 years in a Montessori School. Parallel she studied extensively other methodologies such as Decroly School, Freinet & Reggio Emilia. She graduated with a Master in Curriculum & Teaching from Michigan State University.

In 1988 she traveled to Nepal and was moved by the miserable conditions of the street children. She gave up her comfortable life in Spain and established her first school in Kathmandu. She has dedicated 30 years to of her life to educating underprivileged children and women in Nepal aiming at satisfying their social, intellectual and psychological needs.

She has implemented her methodology of teaching: "Pedagogy for Transformation" very successfully. This method empowers the hearts of the children and emphasizes the main virtues, and instills their minds with creative, analytical and critical thinking. In this way they are able to identify the root-cause of their problems developing necessary tools and strategies in order to escape from poverty, ignorance and oppression.

Her book, "Pedagogy for Transformation" in Spanish, was launched by Sanz y Torres & UNED Publishing House in Spain (www.sanzytorres.com).

Her autobiography, "A Teacher in Kathmandu" inspired UNIVERSAL PICTURES to produce a movie based on her life story: "Kathmandu - A Mirror in the Sky".

Victoria is the researcher, investigator, founder, and promoter of several education projects. Pedagogy for Transformation includes the practice for a better living and dying based on knowledge transmitted by different spiritual teachers from the lineage of Dudjom Rinpoche, Namgyal Tashi (Nigma Lineage Buddhism), Kiran Shankar Yogacharya and Phra Ajarn Suporn (Theravada Buddhism).

Victoria lives in Bangkok and is the mother of two adult children.

For any questions, please contact Victoria at the following e-mail address:
victoriasubiranapt@gmail.com